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May 2019 / Vol 27 - Issue 5

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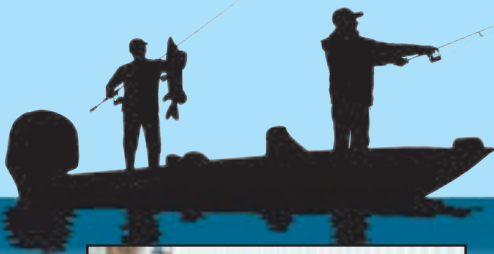
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LOCKS, ALLOY WHEELS, 28K

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- 2018 CHEVROLET SILVERADO CREW CAB LT, 1 OWNER, HEATED CLOTH SEATS, 5.3L V8 ENGINE, BURGANDY 32K.....**\$32,995**
- 2017 GMC SIERRA CREW CAB SLT, 5.3L V8, HEATED LEATHER SEATS, ALLOY WHEELS, LOADED, 1 OWNER, PEPPERDUST METALLIC 42k.....**\$33,995**
- 2017 CHEVROLET COLORADO CREW 4X4 Z-71 OFF ROAD, 1 OWNER, HEATED CLOTH SEATS, NICE PICKUP, BURGANDY 55k.....**\$27,995**
- 2016 GMC SIERRA CREW CAB DENALI 6.6L DURAMAX DIESEL, LOADED WITH ALL THE OPTIONS, HEATED & COOLED LEATHER, Z-71 OFF ROAD, CHROME WHEELS, WHITE 72k.....**\$49,995**
- 2016 GMC SIERRA CREW CAB SLT, 5.3L V8, HEATED & COOLED LEATHER SEATS, Z-71 OFF ROAD, LOCAL TRADE, NICE SHAPE!! BRIGHT RED 54k.....**\$36,995**
- 2016 GMC SIERRA CREW CAB DENALI 6.6L DURAMAX DIESEL, LOADED WITH ALL THE OPTIONS, HEATED & COOLED LEATHER, Z-71 OFF ROAD, CHROME WHEELS, BLACK 69k.....**\$49,995**
- 2015 GMC SIERRA CREW CAB SLT, 5.3L V8, HEATED & COOLED LEATHER SEATS, CHROME 20" WHEELS, SHORT BOX, NICE SHAPE!! WHITE
- 2015 GMC SIERRA CREW CAB SLT, 5.3L V8, HEATED & COOLED LEATHER SEATS, CHROME 20" WHEELS, SHORT BOX, Z-71 OFF ROAD, DARK GRAY 86k.....**\$29,995**
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- 2014 GMC SIERRA CREW CAB SLT, 5.3L V8, HEATED LEATHER, ALLOY WHEELS, NEW TIRES, BUCKET SEATS, Z-71, WHITE DIAMOND, 71k.....**\$28,995**
- 2013 GMC SIERRA CREW CAB SLE, 5.3L V8, CLOTH SPLIT BENCH, ALLOY WHEELS, 1 OWNER BOUGHT HERE NEW, VICTORY RED, 117k.....**\$18,995**
- 2012 CHEVROLET SILVERADO CREW CAB LT, 5.3L V8, LOW MILE 1 OWNER LOCAL TRADE, Z-71 OFF ROAD, SPLIT BENCH SILVER 42k.....**\$23,995**
- 2011 CHEVROLET SILVERADO CREW CAB LT, 5.3L V8, 1 OWNER, CLOTH SPLIT BENCH, VERY NICE SHAPE, NEWER TIRES, 98K SILVER.....**\$19,995**
- 2011 GMC SIERRA CREW CAB SLT, 5.3L V8, CHROME 20" WHEELS, HEATED LEATHER BUCKETS, NICE PICKUP FOR THE MILES, 149K WHITE DIAMOND.....**\$15,995**
- 2011 CHEVROLET SILVERADO CREW CAB LT, 5.3L V8, Z-71 OFF ROAD, CLOTH SPLIT BENCH, FULLY SERVICE, LOW MILES!! 82K GRAY.....**\$19,995**
- 2010 CHEVROLET SILVERADO 3500 CREW CAB 6.0L GAS, 8' BOX, Z-71 OFF ROAD, CLOTH SPLIT BENCH, SILVER 166K.....**\$19,995**
- 2008 CHEVROLET SILVERADO CREW CAB LT, 5.3L V8, 1 OWNER TRADE, Z-71 OFF ROAD, 4X4, GRAY, 150k.....**\$11,995**

SUVS

- 2018 BUICK ENCLAVE ESSENCE, ALL WHEEL DRIVE, HEATED LEATHER SEATS, 2ND ROW BUCKETS, SATIN STEEL 14K.....**\$34,995**
- 2018 CHEVROLET TRAVERSE LTZ AWD, HEATED & COOLED LEATHER, CHROME WHEELS, 1 OWNER GM EXECUTIVE, SILVER ICE METALLIC, 19K MILES.....**\$38,995**
- 2018 GMC ACADIA SLT-1 AWD, HEATED LEATHER, 2ND ROW BUCKETS, BOSE SOUND SYSTEM, LOADED 21K SUMMIT WHITE.....**\$32,995**
- 2018 GMC ACADIA SLT-1 AWD, HEATED LEATHER, 2ND ROW BUCKETS, BOSE SOUND SYSTEM, LOADED 21K SILVER ICE METALLIC.....**\$32,995**
- 2018 GMC ACADIA SLE-2 AWD, HEATED CLOTH SEATS, 2ND ROW BUCKETS, BACKUP CAMERA, POWER LIFTGAGE LOADED 25K SILVER ICE METALLIC.....**\$28,995**
- 2018 CHEVROLET EQUINOX LTZ AWD PREMIER, 1 OWNER COMPANY VEHICLE, HEATED & COOLED SEATS, HEATED STEERING WHEEL, 5 IN STOCK SILVER, GRAY, RUBY RED, WHITE.....**\$25,995**
- 2018 GMC ACADIA SLT-2 AWD, HEATED LEATHER, 2ND ROW BUCKETS, 20" ALLOY WHEELS, 1 OWNER, BLUE STEEL 13K.....**\$34,995**
- 2017 CHEVROLET EQUINOX LT AWD, HEATED CLOTH POWER SEATS, ALLOY WHEELS, 1 OWNER, SILVER.....**\$21,995**
- 2017 GMC TERRAIN SLE-1 AWD, 1 OWNER LEASE RETURN, FULL WARRANTY, BACKUP CAMERA, WHITE 27k.....**\$21,995**
- 2016 BUICK ENCLAVE CXL LEATHER AWD, HEATED LEATHER, 2ND ROW BUCKET SEATS, MOONROOF, CHROME WHEELS, BURGANDY 56k.....**\$26,995**
- 2016 BUICK ENCLAVE CXL LEATHER AWD, HEATED LEATHER, 2ND ROW BUCKET SEATS, MOONROOF, CHROME WHEELS, SILVER ICE 38k.....**\$28,995**
- 2016 JEEP WRANGLER UNLIMITED 4X4 BLACK BEAR EDITION, HEATED CLOTH, COLOR MATCHED HARD TOP, ALPINE SOUND, NAVIGATION 37k.....**\$29,995**
- 2016 FORD ESCAPE AWD TITANIUM HEATED LEATHER, 2.0L TURBO 4CYL ENGINE, BRAND NEW TIRES SUNSET RED 28k.....**\$19,995**
- 2016 CHEVROLET TRAVERSE LT-1 AWD, HEATED CLOTH SEATS, 2ND ROW BENCH SEAT, BURGUNDY RED, 42k.....**\$23,995**
- 2015 CHEVROLET EQUINOX LT-1 AWD, 1 OWNER LEASE RETURN, FUEL Efficient 4 CYL, NICE SHAPE!! BLACK 41k.....**\$18,995**
- 2015 JEEP WRANGLER UNLIMITED 4X4 SPORT, CLOTH, HARD TOP, POWER WINDOWS, LOCKS, ALLOY WHEELS, 28K.....**\$28,495**
- 2015 CHEVROLET EQUINOX LT-2 AWD, HEATED LEATHER, PIONEER SOUND, 1 OWNER, BRAND NEW TIRES, 4 CYL, NICE SHAPE!! WHITE, 32k.....**\$18,995**
- 2015 CHEVROLET EQUINOX LT-1 AWD, REMOTE START, POWER SEAT, FUEL Efficient 4 CYL, NICE SHAPE!! DARK GRAY 37k.....**\$18,995**
- 2015 BUICK ENCLAVE LEATHER, HEATED LEATHER SEATS, 2ND ROW BUCKETS, TOW PACKAGE 63k.....**\$22,995**
- 2015 GMC TERRAIN SLE AWD, HEATED CLOTH SEATS, FULL POWER OPTIONS, 1 OWNER, NICE SHAPE!! METALLIC BLACK 37k.....**\$18,995**
- 2014 CHEVROLET CAPTIVA LTZ, LOCAL TRADE, HEATED LEATHER, SUNROOF, NAVIGATION, 66K MILES DARK BLUE.....**\$13,995**

CARS

- 2014 BUICK ENCLAVE CXL LEATHER AWD HEATED LEATHER, CHROME WHEELS, 2ND ROW BUCKET SEATS, NICE!! 89k CHAMPANGE SILVER.....**\$18,995**
- 2012 CHRYSLER TOWN AND COUNTY, LIMITED TOURING, HEATED LEATHER SEATS & STEERING WHEEL, STOW AND GO BUCKETS, 1 OWNER, DARK GRAY 99k.....**\$11,995**
- 2009 BUICK ENCLAVE CXL AWD, HEATED LEATHER SEATS, 2ND ROW BUCKET SEATS, NEWER TIRES, NICE MILES!! 61k DARK PLUM.....**\$12,995**
- 2009 CHEVROLET TAHOE LTZ 4X4, HEATED LEATHER SEATS, 2ND ROW BUCKET SEATS, NAVIGATION, DVD, FACTORY 20" CHROME WHEELS. 128K WHITE DIAMOND.....**\$18,995**
- 2008 BUICK ENCLAVE CXL LEATHER AWD HEATED LEATHER, CHROME WHEELS, 2ND ROW BUCKET SEATS, NICE!! 170k WHITE DIAMOND.....**\$8,995**
- 2006 CHEVROLET TRAILBLAZER LT, SUNROOF, LOCAL TRADE, RUNS AND DRIVES NICE BLUE 179k.....**\$4,995**
- 2018 CHEVROLET IMPALA LT-1 SEDAN, 1 OWNER PROGRAM CAR, FULLY LOADED CLOTH, ALLOY WHEELS, FULL WARRANTY, SILVER 39k.....**\$19,995**
- 2017 CHEVROLET MALIBU SEDAN "NEW BODY STYLE" REAR CAMERA, ALLOY WHEELS, 3 IN STOCK SILVER, WHITE & BLACK.....**\$15,995**
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- 2009 CHEVROLET COBALT LS COUPE, XFE, GREAT MPG, 5 SPEED MANUAL, NEW TIRES, RUNS GREAT! BLUE 90k.....**\$5,995**
- 2008 CHEVROLET IMPALA SS, LOCAL TRADE, HEATED LEATHER SEATS, CHROME WHEELS, SUPER NICE SHAPE 5.3L V8 ENGINE!! BRIGHT RED 82K.....**\$9,995**
- 1995 CHEVROLET BERETTA Z26, LOCAL TRADE, RUNS AND DRIVES NICE, PRETTY SHARP CLASSIC 94k MAGENTA.....**\$2,995**



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Publisher's Notebook

The 1970's...when rocks were pets and rings decoded your mood



Hendrum-Perley High School Class of 1979

While working on the graduation section of this month's Promoter it hit me. Although my mind and memories tell me my own graduation day was just a few short years ago... the calendar told me otherwise. It has been a full

four decades since I and the other 15 members of the Hendrum-Perley High School class of 1979 received our diplomas and walked out of the gym and into the real world. It seems surreal.

I could have never imagined what life would be like

today back in 1979. The biggest take is I realize how much more simpler life was.

In 1979 there were six high schools in Norman County. Today there are two. I know every generation waxes nostalgic about their time in the sun, but the world has definitely changed since the days when you had just three channels on TV to choose from, but there was still much more to watch than on the hundreds we have to choose from today.

Who would have dreamed that we would no longer need to buy film for our cameras, records for our music collection or a good old typewriter to fill out a job resume. And if Clark Kent came back on the scene, how would he ever transform into Superman without a telephone booth to change clothes in?

In the 1970s, Americans fell in love with stupid fads such as mood rings, lava lamps and pet rocks. Today, we have twerking, "planking", crocs, wedge sneakers and pajama jeans.

In the 1970s we still had rotary phones. Today, we have iPhones. Even though it would be hard to live without a cell phone today, I kind of miss not having to be entirely "connected" to the rest of the world at all times.

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In the 1970s, gum chewing and talking in class were some of the major disciplinary problems in our schools. Today, many of our public schools have been equipped with metal detectors and front doors

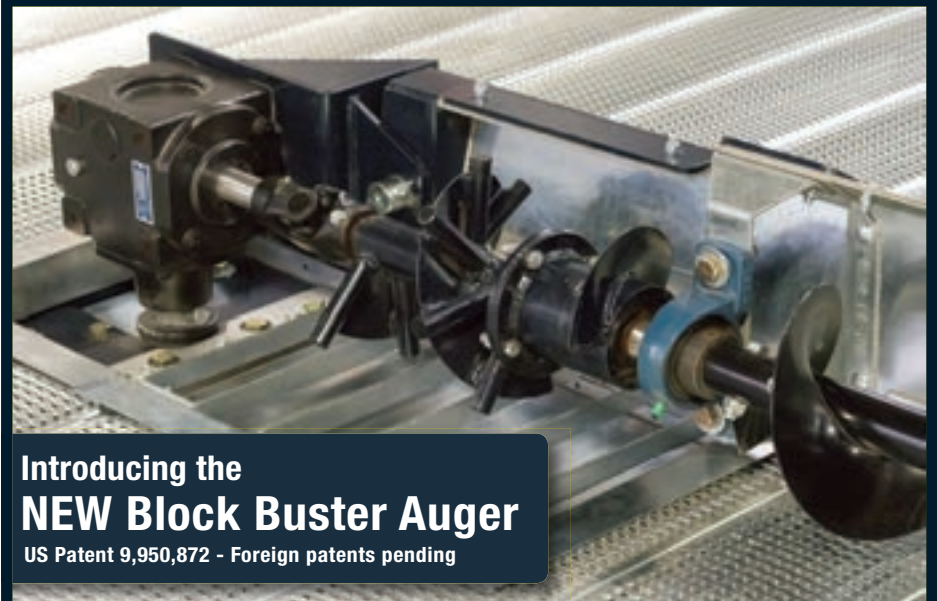
that remained locked unless you get buzzed in. That wouldn't have worked for this guy as a high school senior as I routinely snuck into class a few minutes after the bell had rung to start the day.

Who knows what the class of 2019 will think of the world a short forty years from now?

I'll let them write that.
John W. Kolness
Class of 1979 - HPHS
john@redriverpromoter.com

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Heath & Crystal Stene of Ada recognized by Emerging Leadership Program

Heath and Crystal Stene, Ada, received special recognition at the Emerging Leadership Program Recognition Banquet on March 30th in Crookston. They, along with individuals from 13 other counties in northwestern and west central Minnesota were honored for completing the leadership program and for their commitment to leadership in their community.

The Emerging Leadership Program celebrated their 35th year by honoring Bruce and Aase Hammes with the Friend of the Emerging Leadership Program award. Bruce was the Marshall County King Agassiz in 1976 and was the impetus for the evolution from King Agassiz to the Emerging Leadership Program. Bruce told the audience about how an idea, when nurtured, can grow into a program with 35 years of history and 1147 alumni. Bruce and Aase were thanked for their continued support of the program.

Other guests that evening were Extension Regional Directors, Lisa Loegering (Crookston) and Ben Anderson (Moorhead), Kent Olson, Extension



Crystal & Heath Stene

Center for Community Vitality Associate Dean, Mary Holz-Clause, Chancellor of University of Minnesota Crookston, and Northwest Minnesota Foundation Development Officer Dawn Ganje, who each offered their comments about

leadership and congratulated program participants.

The banquet program featured leadership stories by class participants, Eric Rice (Morris), Kristen Haase (Thief River Falls), and Justin Phillips (Rothsay). There was also the announcement of new Agassiz Ambassadors for 2020, Justin and Karen Phillips (Rothsay), who were selected for this honor from among other current participants in the program based on nominations from program participants and interviews with program alumni. Justin and Karen will put their leadership skills to work in public relations, recognition, and community leadership, and will work with Extension staff to develop and deliver the educational program in 2020.

The recognition banquet was the finale of the leadership program for the Class of 2019 after taking part in four training sessions since November 2018. Program seminars focused on several of the University of Minnesota Extension's educational program components to strengthen civic leadership in the region.

The Emerging Leadership Program, a program of the University of Minnesota Extension, was created in 1985 to build skills in individuals while creating and sustaining a network of community leaders in the northwest and west central regions of Minnesota to focus on rural issues. The banquet carried on the tradition of recognizing rural leaders started by the Red River Valley Winter Shows in 1961.

The Emerging Leadership Program is led by Extension Educators Brian Fredrickson, Lisa Hinz and Jody Horntvedt, in partnership with over 1,100 alumni throughout the region. Soon those alumni will be coming together to select new participants for the program. To nominate someone in your county or to apply for the program, contact Jan Jackola at the Moorhead Regional Extension Office at 218-236-2001. For more information about the program contact Jody, hornt001@umn.edu, and be sure to look for the Emerging Leadership Program at this website, <http://z.umn.edu/rrvlead/>

90.75 +/- Acres - Pennington County, MN **LAND AUCTION**

Wednesday, June 19, 2019 – 10:00 a.m.

AUCTION LOCATION: Quality Inn, 1060 Hwy. #32 S – Thief River Falls, MN

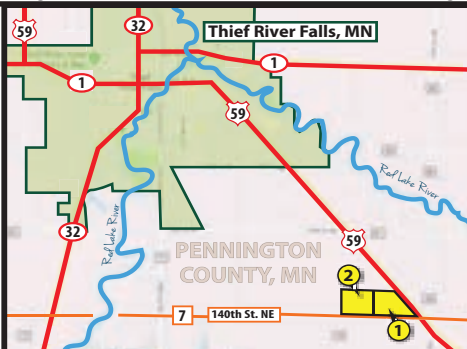
This property features 90.75 acres and is being offered in two parcels. The cropland has a Soil Productivity Index (SPI) 92.3 with excellent drainage. Depending on government approvals parcels could potentially make great building or grain handling site with excellent access on the south and east. Property has good habitat for excellent deer hunting.

Parcel 1:

Acres: 50.75 +/-
Legal: Gov. Lot 4 12-153-43
FSA Crop Acres: 39 +/-
Soil PI: 93.4

Parcel 2:

Acres: 40 +/-
Legal: SE¼SW¼ 12-153-43
FSA Crop Acres: 38 +/-
Soil PI: 91



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Bob Pifer
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bob@pifers.com

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Tow Pkg, Trailer Brake, 125K



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Pkg, CD, Local Trade, 174K



\$33,985
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28+ MPG, Heated Cloth, Power
Liftgate, Backup Camera, 32K



\$24,985
Stock #13203
2018 Chevy Equinox LT AWD
Heated Cloth, Touch Screen,
Power Liftgate, Bluetooth, 23K

PRE-OWNED VEHICLES

2018 Chevy Equinox LT AWD 22K Miles	2016 Chevy Traverse LTZ 32K Miles
2018 Chevy Equinox LT AWD 19K Miles	2016 Chevy Trax LTZ 65K Miles
2018 Chevy Colorado LT 4WD 13K Miles	2015 Chevy Equinox LTZ AWD 76K Miles
2018 GMC Acadia SLE 21K Miles	2015 Chevy Impala LTZ 56K Miles
2018 Chevy Tahoe LT 37K Miles	2015 Chevy Impala LT 44K Miles
2018 Chevy Malibu LT 19K Miles	2014 Dodge Caravan SXT 123K Miles
2018 Chevy Malibu LT2 20K Miles	2014 Chevy Impala LT 43K Miles
2018 Buick Lacrosse Premium 20K Miles	2012 Ford F150 XLT 178K Miles
2018 Chevy Traverse LT 23K Miles	2012 GMC Sierra SLE 122K Miles
2017 GMC Acadia SLE AWD 32K Miles	2011 GMC Sierra SLE 117K Miles
2017 Chevy Malibu LT 19K Miles	2010 Ford F250 XLT 176K Miles
2017 Chevy Cruze LT 23K Miles	2003 Chevy Trailblazer 222K Miles
2016 Chevy Silverado LT 72K Miles	2002 Pontiac Montana Van 210K Miles
2016 Chevy Silverado 2500HD 52K Miles	2000 Oldsmobile Alero 225K Miles

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\$39,379**
NEW 2019 Pacifica L Plus
Heated Leather, Advanced
SafetyTec, DVD, #5749



\$34,699*
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*After All Applicable Rebates **Current Owner of FCA Vehicle

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2018 Ram 1500 Crew Laramie 4x4 27K	2015 Jeep Grand Cherokee Laredo 4x4 74K
2018 Ram 1500 Crew 4x4 4K Miles	2014 Ford Explorer XLT 4x4 103K
2018 Jeep Grand Cherokee Sterling Edt 4x4 12K	2014 Chevrolet Sonic LTZ 56K
2018 Chrysler 300 Limited 15K	2013 Dodge Durango SXT 4x4 98K
2017 Ram 1500 Crew Laramie 4x4 34K	2011 Ram 1500 Quad Big Horn 4x4 119K
2017 Dodge Journey GT AWD 20K	2009 Chrysler 300C AWD 120K
2017 Dodge Grand Caravan SE 61K	2007 Cadillac Escalade Ext 4x4 104K
2016 Ram 1500 Crew Big Horn 4x4 33K	2006 Buick Ranier CXL AWD 180K
2016 Buick Envision Premium AWD 22K	2006 Pontiac Grand Prix GXP 137K

MINIVAN SALE



\$22,950
Stock #8214
2018 Dodge Grand Caravan
SXT, Leather, DVD, AutoStart,
Stow-N-Go, Backup Cam, 15K



\$36,950
Stock #8182
2018 Chrysler Pacifica Ltd
H. Leather, DVD, Sunroof,
NAV, Stow-N-Go, Loaded, 21K



\$27,950
Stock #8189
2018 Chrysler Pacifica L Pkg.
H. Leather, AutoStart, NAV,
Power Doors, Stow-N-Go, 17K



\$27,450
Stock #8181
2018 Chrysler Pacifica L Pkg.
H. Leather, AutoStart, NAV,
Power Liftgate, Stow-N-Go, 24K



\$25,950
Stock #8196
2017 Chrysler Pacifica L Plus
H. Leather, AutoStart, NAV,
DVD, Tow Pkg, Stow-N-Go, 24K



\$27,450
Stock #8172
2018 Chrysler Pacifica L Pkg.
H. Leather, AutoStart, NAV,
SafetyTec, Stow-N-Go, 25K

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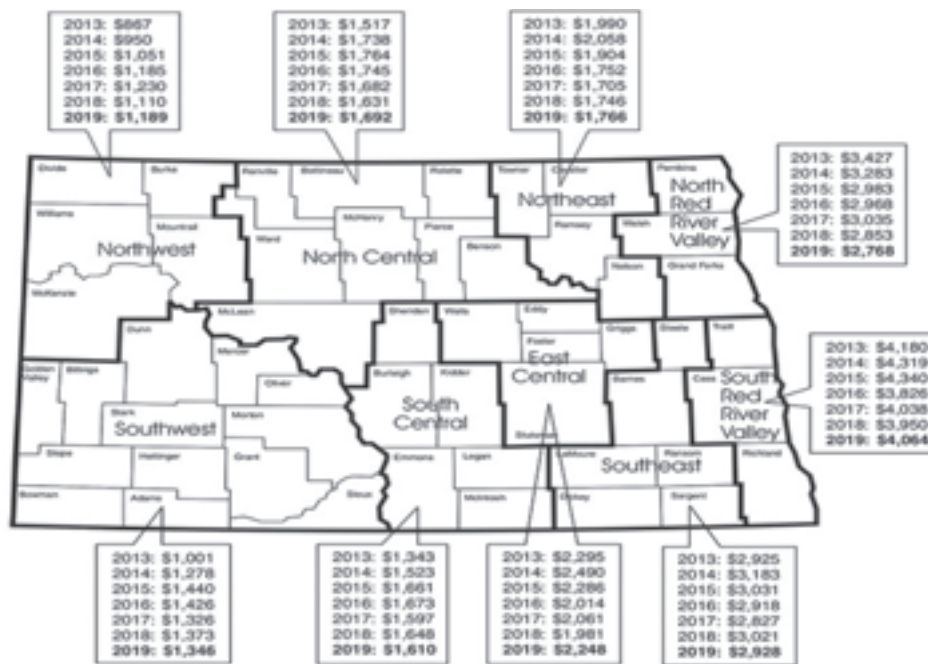
North Dakota land values and rents show some strength

Cropland values and rents increased in parts of North Dakota in 2018.

North Dakota cropland value increased nearly 2 percent, according to a January survey the North Dakota Department of Trust Lands commissioned.

An earlier report from a June 2018 U.S. Department of Agriculture survey showed no change in North Dakota cropland values from the previous year.

"The January survey reflected the impact of very strong yields and federal aid to producers in the form of market facilitation payments to offset



Estimated average per-acre values of cropland in North Dakota from 2013 to 2019.

the impact of Chinese tariffs on U.S. farm commodities," explains Andrew Swenson, North Dakota State University Extension farm management specialist.

"In 2018, North Dakota had a record spring wheat yield, and the second and third highest corn and soybean yields, respectively, on record," he says. "Market facilitation payments for the 2018 crop should be about \$400 million statewide, primarily on soybean production. There would have been downward pressure on land values in the absence of the extraordinary yields and government assistance to stabilize net farm income."

Swenson derived regional and state average cropland values and rents from the published results of the Department of Trust Lands' county-level survey.

The most recent county-level survey indicated that cropland values per acre from January 2018 to January 2019 were the strongest in the east-central region, increasing 13.5 percent (to \$2,248), and the northwestern region, increasing 7.2 percent (to \$1,189). The north-central and southern Red River Valley regions showed 3.7 and 2.9 percent increases to \$1,692 and \$4,064, respectively. The average increase was 1.2 percent in the northeastern region (to \$1,766).



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* Fargo location only

Per-acre cropland values decreased 3 percent in the southeast and the northern Red River Valley regions to \$2,928 and \$2,768, respectively, and decreased about 2 percent in the south-central and southwestern regions, to \$1,610 and \$1,346, respectively.

The survey indicated that the average cash rent per acre for cropland increased by about 3.6 percent from January 2018 to January 2019, after a 4.6 percent decline the previous year. On average, rents remain slightly lower than two years earlier.

The greatest increases in cropland rent, around 10 percent, offset similar declines from the previous year in the south-central region (to \$56.80) and the northern Red River Valley region (to \$90.40). Increases of about 7 percent more than offset

declines of 5 percent from the previous year in the northwest (to \$37) and the southern Red River Valley (to \$125.90). Per-acre rents were flat to 1 percent higher in the northeast (\$56.70) and the east-central regions (to \$67.60), and 2 percent higher in the southeast (to \$96.70) and the southwestern regions (to \$37.80).

Swenson believes that the land market has shown resiliency in the aftermath of an 11-year period, from 2003 through 2013, during which cropland values averaged an annual increase of 15 percent. So far, land values have experienced a "soft-landing." The state experienced four years (2014 to 2017) of relatively modest declines in land values, despite much lower crop prices.

"Generally strong yields and modestly lower production costs tempered the

decline," Swenson says. "There were enough producers and investors who were willing and able to expand their operations and absorb the available land."

Very strong yields and government support helped underpin land values during 2018 despite low crop prices, and higher production costs and interest rates.

"The 2019 crop year looks to provide a challenge to farm profit and land values," Swenson says. "The low crop price scenario is expected to continue, production costs will be higher, and another infusion of government support is not likely."

"One positive is interest rates," he adds. "After increasing in 2018, the current outlook is stable rates for 2019."

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Twin Valley Splash Park Project moves closer to fundraising goal

The Twin Valley Parks and EDA Committee is pleased to announce that they have been rewarded \$30,000 from the Dekko Foundation to be used towards its future Splash Park Project. This helps the committee move forward on the right path towards its goal of \$100,000 for the completion of the community's first splash park.

The Dekko Foundation, founded by Norman County native Chester Dekko, believes that for young people and families to thrive, the communities that they live in should be healthy and vibrant. It invests in projects that help young people grow up to be self-sufficient and economically free, as well as community's ability to sup-

port healthy, young development.

The Splash Park has been designated to be built on the western edge of the Harold's Court Addition, just north of the baseball diamond. The roughly 1,500 square foot splash park would feature stream jets, water buckets, misters, fire nozzles, and many other playful features to



provide fun for youth on a hot, summer day.

In addition to the Dekko Foundation Grant, many other community groups have shown their support to the project in recent months as well. In November of 2018, the Joseph Urdahl Memorial Fund dedicated \$1,000 towards the splash park as well as County Road 38 Bar and Grill in memory of Jeff Lunde. We would also like

to mention the American Legion supporting us by donating over \$2,000. We have many area businesses that have donated as well. An application to the Otto Bremer Foundation is also being implemented.

Let's not forget the \$2500 matching gesture given by United Valley Bank in Twin Valley and Mahanomen!

The Twin Valley Parks and EDA Committee needs help from more community members, businesses, and civic organizations to reach this fundraising goal.

Raffle tickets have been dispersed to area businesses as well as our EDA members to help achieve our fundraising goal. Splash parks in other area communities have been a huge hit and the Parks/EDA Committee believe this would be a great addition to our city as well.

For more information about the Splash Park, contact Cheri Syverson by email (cssyver@arvig.net), Facebook messenger, or also Twin Valley City Hall at 584-5254.



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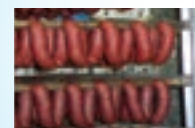
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Agriculture in the Elementary Classrooms

Norman County Farm Bureau teaches area kids about ag

On the 17th and 18th of April members of Norman County Farm Bureau visited elementary schools in Gary, Ada, and Hendrum to teach Ag in the Classroom. This year's topic was beef cattle. The students learned about animal husbandry including health, feed/nutrition, and general livestock care. The students also learned about where everyday products we use come from, "the farm".



Norman County Farm Bureau members talk to kids at Norman County West Elementary in Hendrum

During the beef activity each student was given a cattle ear tag. "Cattle can't speak" said Jerry Buckley a NCFB member, "so we use ear tags to identify and talk to the cows". Each student used the tag they'd been given to identify who they are by their name, birthdate, and a fun fact about them. Coloring books, crayons, and other items were handed out during the Ag in the Classroom event that had

been donated by MN Farm Bureau and MN Soybean and Corn Growers. Fun fact, one acre of soybeans produces 82,368 crayons!

The members of Norman County Farm Bureau really enjoyed having the opportunity to teach kids about agriculture and want to thank the schools and teachers for allowing us to bring Ag in the Classroom

to Norman County Schools. Thank you to MN Farm Bureau for helping sponsor Ag in the Classroom in Norman County and around the state. Thank you to MN Soybean and Corn Growers for donating coloring books and crayons for each student. The students had a lot of fun stories and questions.

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Evergreen Implement Company to host John Deere Drive Green Demo Days event

Guests get coupons up to \$500

Evergreen Implement Company is hosting their 2019 Drive Green Demo Days event at Evergreen Implement Company, 300 US Hwy 59, Mahnomon on Friday, May 17 from 7:30 am to 5:30 pm, and Saturday, May 18 from 8 am to 2 pm. The event will give area residents a chance to check out the latest utility tractors, loaders, ZTRAK commercial mowers, utility

vehicles and other equipment from John Deere.

In addition, attendees who are the legal age of majority in their state, province, or territory who register at the event will also receive a \$500 discount coupon that can be used toward the purchase of a new John Deere 1 to 5 Family Tractor (up to 125 hp), \$200 off select new turf & utility equipment,

\$35 off a \$100 purchase of select parts, and a coupon for up to hundreds off attachments that enhance the performance of your machine. This is the eleventh year that John Deere dealers have hosted Drive Green Demo Days events and last year thousands of people attended hundreds of Drive Green events held across the country.

Gale Pawlowski, at Evergreen Implement Company, says area residents

will enjoy the chance to check out different models of equipment and take advantage of the special savings. "The best thing about this event is the fact that we have lots of different John Deere equipment available so folks can check out all the features and benefits for themselves. At the same time, we want to make our event a fun, informative and rewarding experience for all who attend."

Representatives from



Evergreen Implement Company will be on hand to answer questions about the equipment. "The Drive Green events give customers a one-stop opportunity to talk with John Deere professionals to find out exactly what horsepower tractor and other equipment will best fit their property and the jobs they want to accomplish," Pawlowski says.

The John Deere Drive Green Demo Days event

hosted by Evergreen Implement Company will be held on May 17 and 18 at 300 US Hwy 59, Mahnomon, MN.

Admission is free.

For more information about the Drive Green Demo Days event at Evergreen Implement Company in Mahnomon, contact Gale or Heather at 218-935-2241 or visit the John Deere Drive Green Web site at www.johndeere.com/drivegreen (US) www.johndeere.ca/drivegreen (Canada)



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Remember the meaning of Memorial Day

The Buddy Poppy is an artificial flower that has been used since 1921 to commemorate military personnel who have died in war, and represents a common or field poppy, *Papaver rhoeas*. Inspired by the World War I poem "In Flanders Fields", and promoted by Moina Michael, they were first adopted by Military veterans' groups.

Today they are more commonly distributed during the month of May up to Memorial Day at the end of the month, but can continue throughout the year. The Buddy Poppies are still assembled by disabled or needy veterans in VA hospitals or veterans' homes.

In Flanders Fields

By John McCrae

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we

lie

In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die

We shall not sleep, though poppies
grow
In Flanders fields.



When you are approached by a person from military service organizations and asked to receive a poppy or see a poppy display, accept one, and wear it or display it with pride. If you wish to make a donation, remember a dime is not too little and any amount is appreciated. All proceeds go to veteran activities.



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Business Round-Up

Valley United C-Store expands grocery offerings in Halstad

The Valley United C-Store, located at the intersection of Highways 75 and 200 in Halstad, has recently expanded their grocery offerings to better serve Halstad and the surrounding area after the closing of the town's grocery store.

"We listened to our customers requests and have added over fifty new grocery items to our invento-

ry," said manager Brian Schlapkohl. "We brought in our main vendor, Henry's Foods, and had the store re-set with new racking to better display the additional items along with the wide variety of grocery and drug items that we already carried in the same amount of space."

Some of the changes at the store include switch-

ing over to the Cass-Clay line of full dairy products and Hormel complete ready to eat meals. The baking supply section was also expanded. "Our customers have been very pleased with the variety of Cass-Clay items we now have available," he added.

Another popular new addition at the store is the Wisconsin Cheese

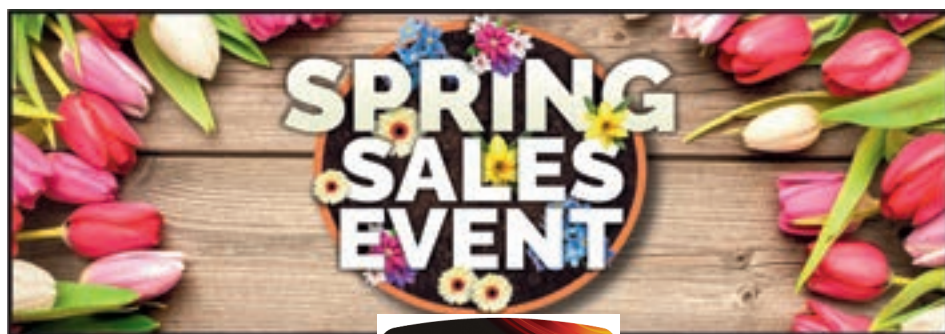
and Meat display, which includes a wide selection of delicious real Wisconsin cheese selections. "it is a great grab-and-go product," Schlapkohl added.

The Valley United C-Store also continues to operate a very popular deli in addition to the C-store and gas station. Starting this month the deli will feature a monthly special. In May, the deli offers a large single topping Picadilly Pizza for just \$10 or a large specialty pizza for just \$12.

The Valley United C-Store is conveniently open from 6:30 a.m. until 9:00 p.m. seven days a week except for major national holidays.



Valley United C-Store manager Brian Schlapkohl stands next to a new display of Wisconsin brand cheese products now available at the store in Halstad.



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Rescue Me!

Birds, Cats, Dogs, Horses and Reptiles, Oh My!

The Need for Animal Rescues

By Ley Bouchard

An obscene obsession with pets and an acute lack of responsibility created one of America's largest animal humane epidemics. Each year more than 6 million dogs and cats find their way into shelters, animal humane centers or are confiscated by animal control. More than half of these 6 million will be euthanized because no homes can be found for them.

Heather Clyde, Operations Director of Homeward Bound Animal Shelter in Fargo said, "Our largest issue is usually funding and space limitations. Last year, we took in over 1,100 animals, and caring for that many animals can get expensive. We also don't always have the space to house all the animals in need, so generally half of our animals are in foster homes at any given time."

In 2003, I returned from work to find my dog, Blitzzy, leaping and jumping at something in the ditch outside our farmhouse. I was concerned it was a skunk but it was an orange and white striped kitten with a short tail. I later learned the breed of cat was a Bobtail. I know cat breeds and love cats so was very surprised to see a kitten barely off the mother's teat in a ditch ten miles from the nearest town and a mile from the nearest farm. A kitten does not drop from the sky! It is a common occurrence for farming

Continued on page 16



Matt and Alisha at a Paws for Celebration awareness and fundraiser held at the Moorhead Center Mall in December

families to have animals “dumped.” We kept our little Bobtail and he became an important family member. He was neutered as all the rest of our pets. Not all animals are so lucky.

Many cats wander city streets or the countryside living on food left for them, rodents and small birds. Some even become prey to large birds, coyotes and cars.

Clyde explains that Homeward Bound created a novel approach for feral cats. “Our Barn Buddies program gives cats that are unsuitable for indoor living a second chance. These are cats that are ‘feral’ or lack socialization with people. They are often live-trapped and turned into the pound because they are unwanted where they are currently located. To prevent these cats from being euthanized at the pounds, we take them in, spay/neuter and vaccinate them, and relocate them to farms, where they serve as rodent managers. Any farm home that can provide shelter and a food/water source for the cats can apply to receive a Barn Buddies cat(s) at no charge.”

There are many reasons why animals are so abundant in the United States: people buy animals from pet centers or puppy mills desiring a cute baby animal to cuddle and love but their expectations don’t match reality and they are not able to train their pet properly, become frustrated and decide to give the animal up. People do not have and keep responsibility for their pets. Pets are a lifetime commitment. Others do not spay or neuter animals which lead to more unwanted animals.

My mom’s neighbor moved leaving their young Pomeranian chained to a tree in the back yard with no food or water. My mom looked after the dog for a few days but did not have the ability to keep it long term. I brought it to the farm, placed an ad on Craigslist, and found a loving, forever home for the young dog. We had a large dog and were not financially able to take on a little house dog.

I asked Charlotte Tuhly, co-owner of CJ’s Pet Center, Hawley, MN, as well as co-owner of Hightail Ranch and Sanctuary east of Hawley, how

people can feel that animals are disposable. “Oh boy, this is a big question, with as many possible answers as there are life situations. People get in over their heads, they do not always realize what expenses and time is involved in caring for their animals. They suffer from illnesses, depression, addictions, you name it, and all affect the whole family, including the pets. Sometimes I honestly think it is because they are looking for an animal to fulfill a deep down need that it cannot, and what they really need is self-acceptance and self-love. And our community doesn’t do a lot to support people who are struggling. If you have kids and you cannot take care of them there are many agencies who will help, but not so with your pets.”

Pets created \$72.56 billion in spending in 2018 according to the American Pet Products Association (APPA) an organization that tracks the industry. That number is broken down by products used:

Food was 30.32 billion, supplies and over-the-counter meds was 16.01 billion, vet care was 18.11

billion, live animal purchases was 2.01 billion and other services amounted to 6.11 billion.

According to the Animal Humane Society more than 3500 animal shelters exist in the USA and more than 10,000 rescue groups are in North America.

We’ve all seen the television commercials pleading for monetary donations to save innocent cats, dogs, bunnies, snakes, birds, and every imaginable animal that someone has taken into their homes and later discarded. The ads tug at our heartstrings and plead for funding to continue their mission. It is a societal epidemic with no expectation for change.

On a larger scale, unwanted horse numbers have been increasing since horse slaughter was outlawed in the United States in 2007. Unwanted equine rescues exist in every state, same problem on a larger scale. The American Society for the Protection of Animals (ASPCA) indicates that more than 80,000 unwanted horses annually are shipped to slaughterhouses in Canada and Mexico.

Continued on next page



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Unwanted horses, especially those captured and housed by the Bureau of Land Management in the American West, are a very controversial topic in the horse industry. Horse advocates cite BLM mismanagement, abuse, corruption, and misinformation in the manner in which wild horses are managed.

According to a study commissioned by the ASPCA in 2017, horses relinquished to rescue organizations for health reasons were 54 percent, for lack of suitability for desired purpose were 28 percent, and for behavioral problems of the horses were 28 percent. Horses are prey animals that typically live in herds for mutual protection and

socialization. People wanting to own and work with horses need to know and understand herd mentality and be able to train a horse to respect them as leader.

The American Horse Council surveys American horse persons, like a census, and provides these economic impact facts from their 2017 National Economic Impact Study:

"The horse industry contributes approximately \$50 billion in direct economic impact to the U.S. economy, and has a direct employment impact of 988,394 jobs. Additionally, the industry itself contributes \$38 billion in direct wages, salaries, and benefits

"From those direct effects, the horse industry's contribution ripples out into other sectors of the economy. When one adds these ripple effects the estimated result of the total contribution of the horse industry to the U.S. economy is \$122 billion, and a total employment impact of 1.7 million jobs.

Some key industry statistics and economic indicators: there are an estimated 7.2 million horses in the USA broken down by the following activities: Recreation: 3,141,449; Showing: 1,227,986; Racing: 1,224,482; Working: 537,261."

In addition to cats, dogs and horses, many other critters need rescues. At this time of the year rescue organizations will see bunnies, given for the Easter holiday and not wanted when the surprise wears off. Reptiles are commonly discarded as are birds, chickens, and even pigs, according to Kish Hilmert, President and founder of 4 Luv of Dog Rescue and KPA-Certified Training Partner at Down Dog

Continued on next page

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Legacy Acres Events
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Cover Story

Studio, LLC both in Fargo, N.D.

"Educating people and families on the importance of spay and neuter is one of the main ways to reduce the huge animal overpopulation problem," Kish advises. "Also leading by example is important. So having our own personal pets spayed and neutered, showing them kindness and respect through force free, stress free positive reinforcement training and interaction is important. Also educating people on all the responsibilities that come along with a pet so they understand what they are signing up for when they adopt is another important education aspect of rescue and being a companion animal guardian."

Birds, in particular, suffer horrific cruelty during the process of capture and transport to market. In Malaysia, birds are cap-

"Mozart's wingspan is almost as big as mine," says Matthew Kania about one of the birds he foster cares for at the Center for Avian Adoption, Rescue and education



tured by liming, or coating a branch with a sticky substance and waiting for a bird to perch. Mist nets are spread across flight

paths to capture exotic birds which are often left to hang for prolonged periods resulting in slow agonizing deaths. Some bird species

are endangered as a result of the bird trade. The Wild-Caught Bird Act (WBCA) in 1993 placed an embargo on the import of all exotic

or endangered feathered species into the USA except under tightly regulated circumstances.

Many people have very strong feelings about how the animals, large and small, are cared for which can lead to conflicts within the rescue organizations. Should cats, dogs, or horses be housed or allowed to live in natural environments?

"I guess I would like to know who put them in charge of deciding what makes the animals happy and comfortable," comments Tuhy. "One of my favorite veterinarians told me once that when you are trying to decide what is best for your animal, take a good hard look at what their wild counterparts are doing, and set up your animal keeping as close to that as you can, within reason. He would wink, and say, we call this "God's Plan",

the way they were created to be before we came along and mucked it all up. So, taking his statement to heart, our horses should be outdoors where they can run, play, and exercise and eat when they feel the need. They should be able to go somewhere to get out of the wind when they need to. Dogs and cats need exercise and fresh air also. Now we have bred winter coats out of many of them (though not all) so we have to accommodate their need to be warm and dry. Even our outdoor dogs should have a den of sorts i.e. a warm, dry shelter. And our dogs and cats need REAL FOOD! They were created to eat meat, and even do some grazing on veggies and fruits and such. We need to stop with the completely processed kibble often made out of things we wouldn't consider eating."



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Thank You!

The Norman County Economic Development Authority would like to thank everyone who participated in the Making It Home project as study group facilitators and participants. The weather did not make it easy, but you succeeded. Thank you as well to everyone who joined us Wednesday, April 17 at the Ada Events Center for the final night of brainstorming and planning. Because of your time and effort, the focus of the NCEDA will reflect what Norman County residents find important.

Sincerely,
Karie Kirschbaum, John Hintz, Lee Ann Hall, Mark Askelson, Hiliary Chisholm, Curt Johannsen and Jessica Spaeth.



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How can you help? Spay or neuter your pets. Do not intentionally breed your pet. Raise awareness. Foster an animal. Adopt your next pet from a rescue. Be a responsible pet owner; commit to caring for your animals for the rest of their life. Advocate for birds by asking pet stores to not sell live birds/animals. Spread the word.

Kish reminds us: "Since other species do not have a voice we, the humans, need to be their advocates."

Companion animals serve an important role in our lives; the emotional and social benefits of pet ownership are enormous. We are called to care for all lives on the planet and many times it is one animal at a time. We are the voice for those who cannot speak.

Ley Bouchard is a free-lance photojournalist living in the FM area and may be reached at leybou@gmail.com.



The aviary the Kania family created for the birds they foster.

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Upcoming Events

- Chicken Fried Steak Buffet every Monday at 11
- BBQ Ribs Every Wednesday Night
- Friday, May 10th, Generation Gap 9pm-1am
- Sunday, May 12th Mother's Day Buffet 10am-1pm
- Friday, June 14 - Eric Reitan from 9pm-1am
- Father's Day (June 16) Buffet 10am - 1pm



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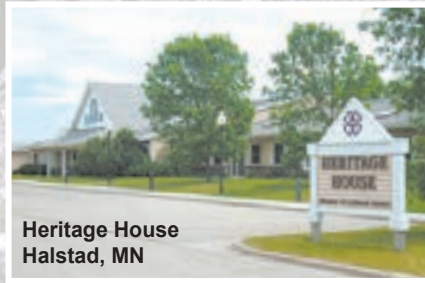
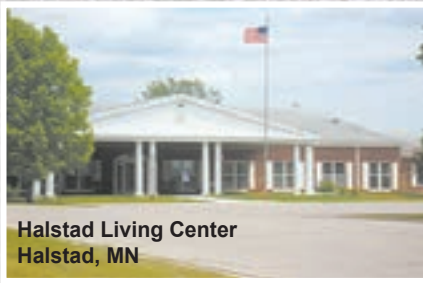
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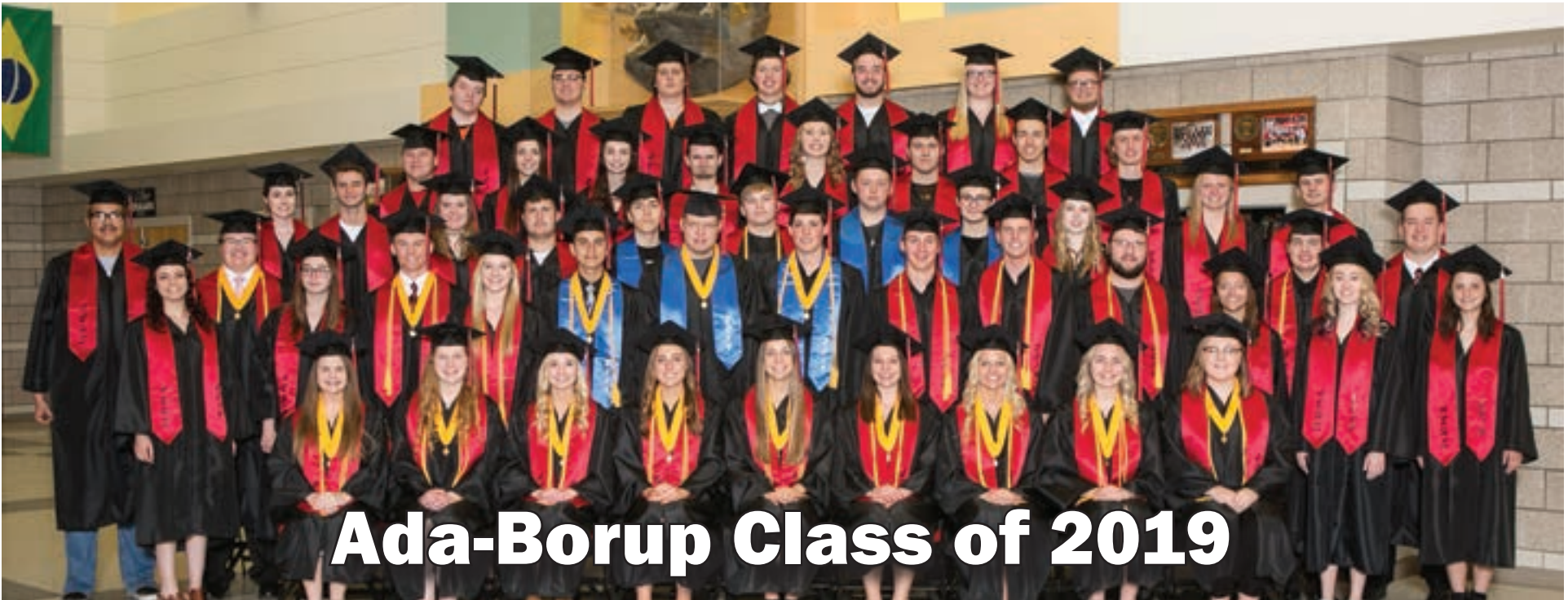
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Sitting (L to R): Brianna Loosbrock, Renae Knoell, Kylie Borgen, Gretchen Vesledahl, Ivy Johnson, Breanna Qualley, Mariah McKeever, Sierra Tuftte, Destiny Eggen
 Row 2 (L to R): Carlos Ramos, Claire Leiseth, Bryer Merkens, Julia Yeager, Jared Brainard, Emily Sip, Gaven Nelson, Konner Moen, Justin Nord, Ryan Chisholm, Nathaniel Moy, Brewster Black, Radmila Gullekson, Shawn Loosbrock, Kia Stevenson, Nathan Franks, Julia Tennihill
 Row 3 (L to R): Phenix Glessing, Thomas Stewart, Grace Warren, Brandon Nirschl, Kevin Benson, Tyler Koste, Robert Emerson, Taylor Wynn-Skalet, Giorgia Brandt, Madison Smart, Brett Fetting Row 4 (L to R): Dusty DuChene, Gabriella Torres, Katelyn Bishop, Sean Gilbert, Leah Sip, Jordan Yost, Christian Sterton, Colby Stevenson
 Back Row (L to R): Orrin Briscoe, Brent Eggen, Wyatt Flyberg, Grant Arends, Tanner Kasel, Jessie Sargent, Tucker Henderson

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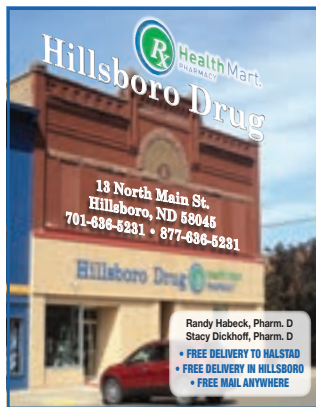
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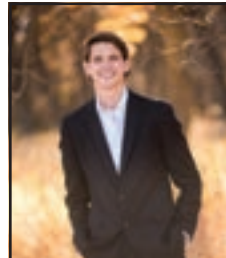
Hillsboro High School Class of 2019



Alex Haas



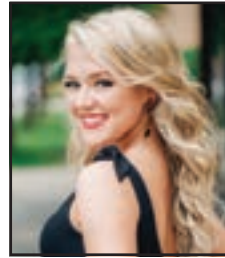
Alexis Johnson



Michael Anderson



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Elise Jacobson



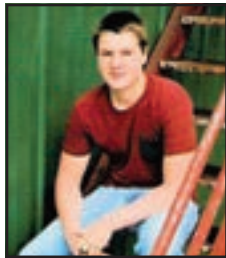
Hannah Mueller



Jacob Heinitz



Jacob Pruneda



Jake Moore



Katelyn Ackerman



Kyle Alfson



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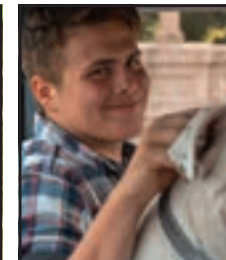
Nicole Hurt



Peter Berg



Sean Miller



Seth Owens



Travis Doeden



Elle Rufsvold

Hillsboro High School Graduation is on Sunday,
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Congratulations to all area graduates!



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Fax: 218.356.8303

mnredbeans@gmail.com

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Gary, MN 56545

Future Leaders of the Red River Valley

Congratulations Class of 2019!



All Wiring Needs
Trenching

Twin Valley, MN
John: 218-230-8426
Matt: 218-415-0478

Norman County East Commencement Exercises

Saturday, May 25th, 2019
2:00P.M.

Norman County East High School Gymnasium
Twin Valley, MN 56584

Class Motto: "What lies behind us and what lies before us
are tiny matters compared to what lies in us."

~Ralph Waldo Emerson

Class Flower: Turquoise Rose Class Colors: Turquoise,
Black, Grey

Graduation Date: Saturday, May 25th, 2019
Time: 2:00P.M.

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Congratulations Norman County East Class of 2019

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NCE



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TITANS



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www.nce.k12.mn.us • 218-584-5151 (High School) • 218-356-8222 (Elementary)
High School: 408 Main Avenue West, Twin Valley, MN 56584
Elementary: 301 2nd Avenue East, Gary, MN 56545

Future Leaders of the Red River Valley



Norman County East Class of 2019

Top: Alison Amberg, Evas Gust, Brandon Anderson, Sunny Resnick, Prestin Douville, Rhylee Wenschlag, Brendan Gulseth, Velissa Wasfaret, Marcus Gunnufson, Joseph Rudrud, Andrew Amberg, Angel Bolton, Jadah Haverkamp.

On Ground: Trystyn Halvorson, Tate Hoseth, Lauren Sather, Axel Gutierrez, Steffen Sather, Wyatt Saice, Savannah Anderson.

Twin Valley Insurance Agency LLC

Congratulations
Graduates!



Office in United Valley Bank bldg
Twin Valley, MN 56584
For All Your Insurance Needs
Call 218-584-5163
Terry Umphrey, Agent
E: tvagency@arvig.net

Valedictorian: Lauren Sather
Salutatorian: Velissa Wasfaret

Honor Seniors

Alison Amberg, Andrew Amberg, Jadah
Haverkamp

Tate Hoseth, Joseph Rudrud, Sunny
Resnick, Lauren Sather, Steffen Sather, &
Velissa Wasfaret

GARY LANGENRUD
MANAGER



FLOM REGION MUTUAL
INSURANCE CO

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FLOM MN 56541 Fax: 218-567-8279

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Congratulations Graduates!

Congratulations to Our Area Graduates!

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dennisb@tvutel.com
www.centrol.com

Congratulations Class of 2019! Norman County Soil and Water Conservation District

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Twin Valley - 218-584-5169



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Future Leaders of the Red River Valley



Row 1: Chloe Netland, Solveig Sirjord, Tatianna Enget, Harmon Liebl, Gracie Gunufson, Angela Meyer, Noah Durand, Mariah Broden, Breanna Gustafson, McKenna Desroiser. Row 2: Justin Boit, Faith Poissant, Emily Dufault, Kamryn Qualley, Kylie Nelson, Britton Fuglseth, Andrah Clark, Michael Stuhau, Isaiah Bauer, Alex Smith, Bailey Mulcahy, Andrew Wadsworth, Shaun Gullekson. Row 3: Beau Hanson, Dylan Pearce, Preston Bonham, Shelby Dunbar, Parker Straus, Nolan Pinske, Jared Hemmah, Carter Olson, Albert Kargel, Drew Larsen, Dakota Qualley Not Pictured: Tony Leiser

Commencement Exercises May 26, 2019 at 2:00 PM in the New Gym

Flower: Yellow Orchid - Colors: White and Navy Blue - Motto: "Dream as if you'll live forever; live as if you'll die tomorrow."



Congratulations!

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Danielle Harless Business/ Consumer Loan Officer	Charles Aarestad Agriculture / Business / Consumer Loan Officer	Lori Moen Consumer (Personal Loans) Loan Officer	Aaron Olson Consumer (Personal Loans) Loan Officer	Brianna Aarestad Real Estate & Consumer Loan Officer	Lori Delong Personal Banker

See us in Fertile

		
Karen Cyr Consumer (Personal Loans) Loan Officer	Jake Aakre Agriculture / Real Estate Loan Officer	Randy Aarestad Business Loan Officer

Congratulations Class of 2019!



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Kayla Pederson: 218.791.7068
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Central Valley High School Class of 2019



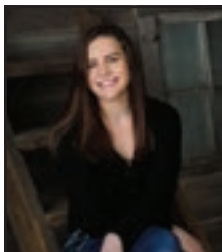
Braden
Soderberg



Brayden
Schildberger



Derek
Johnson



Emalee
Heppner



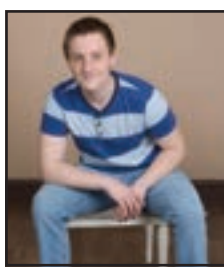
Jaiden
Denault

Honor Students

Samantha Adams - Jessica Lazur
Braden Soderberg
Katelyn Thompson



Samantha
Adams



Jared
Hildebrand



Jessica
Lazur



Katelyn
Thompson

Commencement Exercises

Sunday, May 19th

2:00 pm

Central Valley School North Gym

Flower: White Rose

Class Motto: Sometimes you will never know the value of a moment until it becomes a memory." - Dr. Seuss



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The Bank That Can

www.firststatebanks.com

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Thompson
701-599-2600

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*Congratulations to All
Graduates!*



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fuoc@midconetwork.com



Future Leaders of the Red River Valley

Congratulations Graduates!



Congratulations Graduates!

Climax-Shelly Commencement to be held Saturday, May 18th

Commencement exercises for the Climax-Shelly High School Class of 2019 will be held on Saturday, May 18th, 2019, in the Climax-Shelly School Gymnasium at 2:00 pm. Baccalaureate will be held Sunday, May 5th at 7:00 pm at the Shelly Lutheran Church, Shelly, MN.

Candidates for graduation are: Ethan Avelsgard, Michelle Baltazar, Owen Burkel, Joshua Dohman, Haley Fillion, Kyla Goulet, Meleah LaJesse, Devin McLean, Damian Moran-Mello, Kaelob Neumann, Alexis Ostgaard, Kyle Poulos, Isabel Pruneda, Arlie Rudnik, Madison Slyt, Shay Smith-Garcia, Windyna Soft, Falcicity Stuber, Colton Styles, Cole Vatnsdal, Izabel VonRueden

The following students are graduating with high honors: Ethan Avelsgard, Kyle Poulos, Cole Vatnsdal, Izabel VonRueden. The following are honor students: Joshua Dohman and Kaelob Neumann

Selected as the Class Motto by the Senior Class is "Around here, however, we don't look backwards for very long. We keep moving forward opening new doors and doing new things, because we're curious...and curiosity keeps leading us down new paths."- Walt Disney
The Class Flower is the white rose tipped in purple, and the Class Colors are black, silver, and purple.

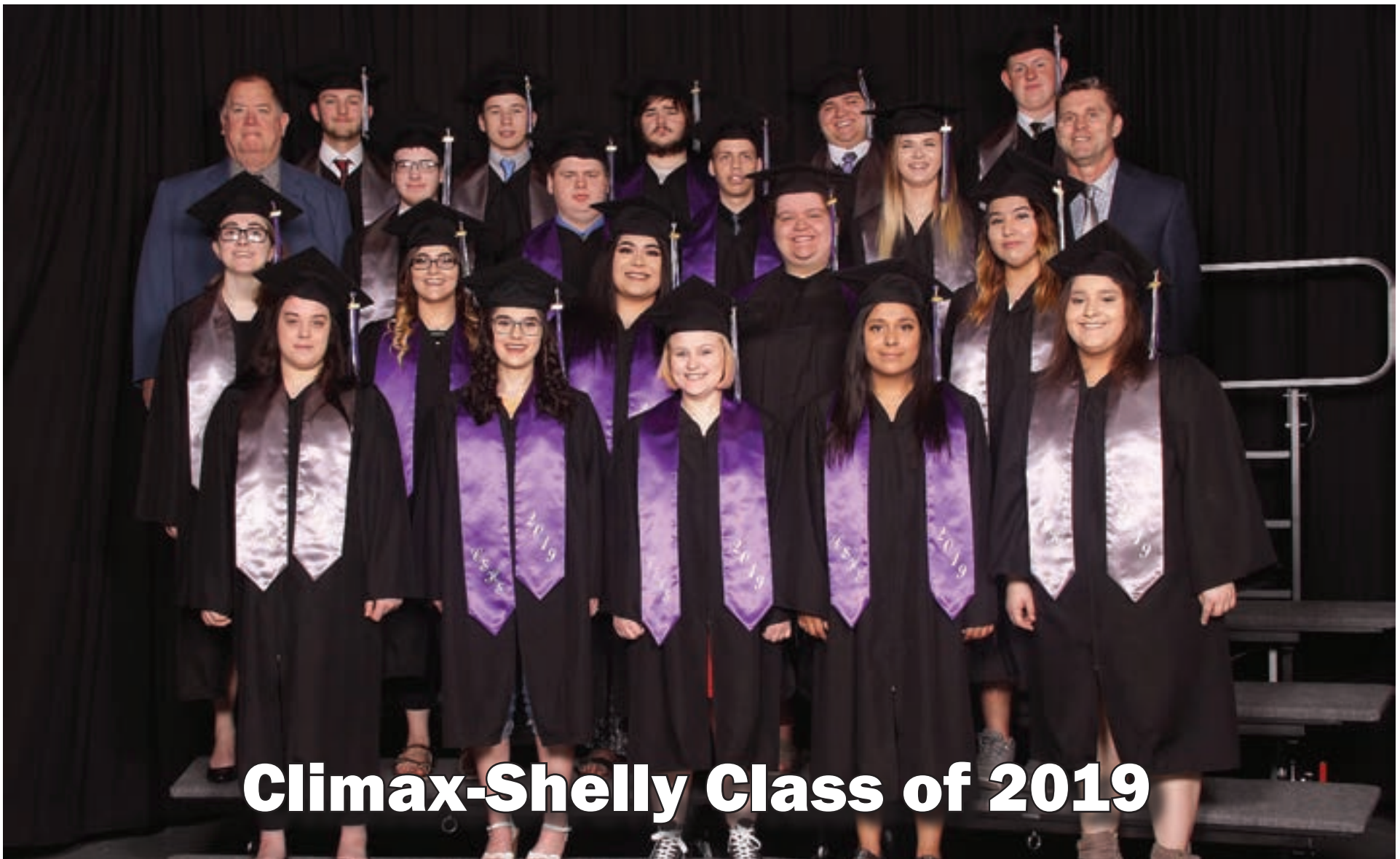
Parents, family, friends of the class of 2019 as well as the general public are welcome to attend commencement exercises.

Congratulations Climax-Shelly Class of 2019
We are proud of you and your accomplishments.
Best of luck in the future!



Climax-Shelly School

P.O. Box 67 • 11 E. Broadway • Climax, MN 56523
218-857-2385 • Fax 218-857-3544 • www.climax.k12.mn.us



Climax-Shelly Class of 2019

Front row, from left to right: Falicity Stuber, Haley Fillion, Izabel VonRueden*, Michelle Baltazar, Isabel Pruneda

Second Row: Meleah LaJesse, Kyla Goulet, Shay Smith-Garcia, Arlie Rudnik, Windyna Soft

Third Row: Mr. Bill Walters, Ethan Avelsgard*, Kaelob Neumann*, Joshua Dohman*, Alexis Ostgaard, Mr. Art Meyer

Fourth Row: Madison Slyt, Cole Vatnsdal*, Kyle Poulos*, Damian Moran-Mello, Owen Burkel. Not pictured: Devin McLean

* Indicates honor students



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Congratulations all Area Graduates!

VH

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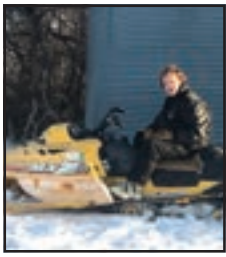
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Future Leaders of the Red River Valley

Northern Cass High School Class of 2019



Josiah
Aaseby



Faith
Aasen



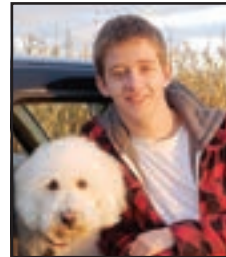
Bailey
Nelson



Natasha
Bergeron



Cheyenne
Boedekker



Nolan
Brayton



Noah
Bring



Theron
Bring



Amber
Buzick



Carter
Danielson



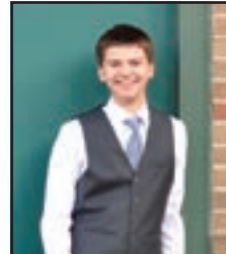
Josephine
Ebertowski



Wrigley
Elston



Hannah
Gebeke



Cameron
Gerszewski



Gavin
Hammer



Caleb
Holm



Michael
Hoppe



Garrett
Hubbard



Grace
Johnson



Elle
Larson



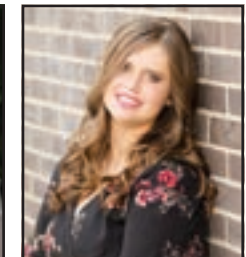
Devon
Lindseth



Ian
Lura



Miah
Monson



Alyssa
Ose



Hannah
Osland



Cash
Pachak



Hayden
Rostvet



Greg
Saville



Hunter
Schock



Savannah
Schock



Samantha
Spiesz



Brenden
VanWechel



Brook
Wadeson



Nathaniel
Walden



MacKenzie
Wika



Victoria
Woodbury



Future Leaders of the Red River Valley

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Northern Cass High School Commencement Exercises
Sunday, May 26, 2019
2:00pm

CLASS of 2019

Northern Cass Gymnasium

Valedictorian: Josephine Ebertowski
Salutatorian: Faith Aasen

Colors: White, Silver, Pink
Flower: Yellow Rose

CLASS of 2019



Arthur Cenex
510 Hwy 18 S • Arthur, ND 58006
701-967-8586

Congratulations Northern Cass Class of

*We are proud of you and your accomplishments.
Best of luck in the future!*



2019

Northern Cass School

16021 18th St. SE
Hunter, ND 58048

701-874-2322

www.northerncassschool.org

Future Leaders of the Red River Valley

May-Port CG School Class of 2019



May-Port CG Class of 2019

Dante Agnes
 Kayla Anderson
 Tristan Beck
 Samuel Bertrand
 Jackson Braaten, High Honors
 MerSady Burmeister
 Joseph Cantore
 Madison Carl
 Evan Chandler
 Katelyn Finstrom
 Seth Germundson, High Honors

Reece Groth, Honors
 Ashley Guzal, Honors
 Reese Hanson
 Daniel Hefta
 Signe Hefta
 Jaxon Hoffmeyer
 Christopher Knudson
 Cora Knudsvig
 Madisen Knudsvig, High Honors
 Julia Kohls, High Honors
 Amanda Kville, Honors

Lucy Lindaas, High Honors
 Grace Lovro
 Braden Meyer
 Izak Morowski
 Taylor Nelson, Honors
 Erika Onerheim
 Brayden Schafer
 Sylvia Straight
 Rylee Thompson, Honors
 Christopher Winkler, High Honors

Senior Awards Program
 Wednesday, May 15, 6:30 PM,
 May-Port CG High School Auditorium
 Baccalaureate - Wednesday, May 15,
 7:30 PM, Aurdal Lutheran Church, Portland

Graduation

Sunday, May 26, 2:00 PM

May-Port CG High School
 Class Colors - Red, White & Blue
 Class Flower - White Lily

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 ARCO Convenience Store 786-4078
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Congratulations to All Area Grads!

Congratulations Grads!

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Ulen-Hitterdal Class of 2019



Ulen-Hitterdal High School Class of 2019

Front row of the car Left to Right: Chris Nelson, Noah Klemetson, Dalton Green, Wylie Lunde, Emily Theis, Julie Hershberger, Autumn Taylor, Aubrey Lunde, Aubrey Hamernik, Brittany Sullivan, Anna Knutson. Driver: Marty Moore

Back row Left to Right: Kale McCollum, Hunter Crompton, John Nodsle, Cole Hogetvedt, Ethan Erickson, Ross Jerk, Cade Jepson, Tate Maesse



John Hastings
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**Ulen-Hitterdal Commencement is
Friday, May 24th at 7pm.**

CLASS MOTTO

Man cannot discover new oceans unless he has the courage to lose sight of the shore. Adre Gide

CLASS FLOWER

Sunflower

CLASS COLORS

Yellow, White, Grey

Congratulations



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Happenings in the Red River Valley

Cat Challengers, Tractors, Farm Equip., Tools, Guns & Swords, Misc.

THURSDAY, MAY 30, 2019 • TIME: 9:00 A.M.

LOCATION: From Argyle, MN: 2.5 Miles East on Co. #4 & 1/2 Mile North

SALE ORDER: 9:00 A.M. SHOP EQUIPMENT & TOOLS, 11:00 A.M. ONLINE BIDDING WITH PROXIBID APPROX. 1:00 P.M. HOUSEHOLD, COLLECTIBLES & GUNS. LOADING AVAILABLE SALE DAY - COME PREPARED.



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- Cat Challenger #65C 3-Hyd., 36" Pads, Only 4936 Hrs., S#27J01719
- '12 JD #3720 MFWD Hydro Utility Tractor, 3-pt., 2-Hyd., w/72" Mower Deck, Only 333 Hrs., S#710490
- JD #300 CX Loader w/Material Bucket & Pallet Forks
- JD #5205 MFWD Utility Tractor Sync Reverser Trans., 3-pt., 2-Hyd., 16.9-26" Tires, only 1767 hrs., S#121016
- JD #4440 CAH 3-pt., 3-Hyd., Quad Range, 18.4-38" Tires, 8762 hrs., S#010358
- JD #4840 CAH 3-pt., 3-Hyd., Power Shift, VG, 20.8-38" Tires & Duals, 6231 hrs., S#007696
- JD #4320, Cab, 3-pt., 2-Side Console Hyd., 18.4-38" Tires, 9831 hrs., S#027421
- Steiger #ST280 Cougar, 4WD, 3-Hyd., 20.8-38" Tires & Duals, 6361 hrs., • JD #6 Wide Front, "Not Running", VG Tires
- IH #300 Utility Tractor, 3-pt., PTO
- JD #7810 2WD Tractor CAH, 3-pt., P.S. Trans., 14.9-46" Tires w/Hub Duals, 5200 hrs., RW 7810, S#P013842, Phone 218-289-1899

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- Tyler Tender Box w/Extension
- Cattle Shute w/Scale • NH #30 Stack Mover
- JD #270 7' 3-pt. Snow Blower
- Metal Tracks for Older Bobcat Skid Steer
- Set of 14.9-46" Tires on J.D. Rims
- '04 Polaris 500 ATV, 4-Wheeler 4x4
- 8x16' Flatbed Trlr, John Blue Running Gear
- 2" Hose Reel • 10' Hyd. Auger
- 80-100 Gal. Service Tank w/12V Pump

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- Summers 56' Super Weeder with 1,000 Gal. Tank & 5-Bar Harrow
- JD #330 26' Tandem Disk
- JD #155 HD 10' 3-pt. Blade
- Hammerback 10' Killifer
- IH #45 32' Cultivator with Harrows
- JD #912 6-Belt Pickup Head, VG
- Woods 14' Batwing Mower
- Case-IH #8210 21' PT Swather w/Finger Reel
- Versatile #4400 18' SP Swather with Cab, S#003449, "Shedded"
- '17 H&H 20' Tandem Axle, Tilt Bed Trailer, VG
- Flexicoil 120' Field Sprayer w/Wind Screens, "Shedded"
- Summers 66' Pickup Sprayer w/300 Gal. Tank
- MF #860 Combine, Gray Cab, 6-cyl, 4-spd., S#42-43003
- MF #1859 20' Header • Single Pole Trlr.
- Tri-Axle 5th Wheel Trailer w/16' Box & Hoist
- (2) Melroe 8' Drill w/Grass Seed & Hitch
- Glencoe 30' S-Tine Cult w/Baskets
- 60' Herman Harrow • IH 18' Chisel Plow
- Woods 6' 3-pt. Finishing Mower
- 1000 Gal. SS Tank on John Blue Trailer
- 70s Ford 3/4 Ton 4x4 Pickup
- Winpower 15KW PTO Generator
- Westgo 8-30" Cultivator
- Canola Roller • JD 400 21' Rotary Hoe
- Farmhand Feed Grinder/Mixer, "Shedded"
- New Holland #855 Baler, "Shedded"
- 1000 Gal. Fiberglass Tank on 4-WHL. Trailer
- Arctic Cat 500 4-Wheeler, 4x4 Liquid Cooled

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- Authentic WWII Japanese Samari Sword
- Winchester #1894 30 Cal. WCF Lever Action
- 20 ga. Pump Shotgun S#31433
- Springfield #39A 410 Bolt Action
- 410 Break Open Single Shot

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- Small Atlas Turning Lathe
- Galaxy 5/8" Drill Press
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- Apollo Band Saw
- Chains & Come-a-Longs
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- Handyman & Bottle Jacks
- Sears Battery Charger/Booster
- 250 Amp Welder
- Acetylene Torch Set w/o Tanks
- Bench Grinder, Angle Grinders
- Leg Vise & Post Drill
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- Mechanics Step, Air Tank
- D-4 Cat Radiator, Cat Grease Gun
- Snapper LT200 22 h.p. Riding Mower
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MICK RAPACZ
AUCTIONEERS/CLERK

Marsh River 4-H Club Meets in the Flood Waters



Tucker Christianson gives his demonstration on how to make flowers from plastic cups.

By Lydia Christianson, Age 11

The April meeting of the Marsh River 4-H Club was held on April 16, 2019 at the LRC in Halstad, MN. Nearly all of those attending had to take a detour due to flood waters, but a little water certainly won't stop some 4-Hers!

The gathering began with a brief meeting that covered Old Business like the Communication Arts Contest and Share the Fun, then New Business, like when we will be meeting next and what our plans for Fair preparation should be looking like.

Following the meeting, the members enjoyed a snack provided by the Christianson family. Then, Tucker and Lydia Christianson gave demonstrations. Tucker showed how to make flowers out of plastic cups that have been colored and melted in an oven. Lydia displayed and talked about how she created fairy wands to place in her garden this Summer. She had a lot of different sizes; from ones that would fit in a pot, to one that was three feet long!

Finally, those present worked on the Club's Banner for the County Fair. The club had voted on an idea in March and Stacy Christianson had prepared a lot of the supplies, but we still finalized color choices and started tracing and cutting out letters. We are VERY excited about our banner, but we can't tell what it is going to be—people will have to come to the County Fair and check it out for themselves June 19-22, 2019. See you there!



Lydia Christianson (left) and Elyza Moy make decisions on which colors would "pop" on the banner.

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Looking Back on Nutrition and Other Trends in the Last 40 Years

Though nutrition recommendations have changed over the years, moderation is still key

By Julie Garden-Robinson,
Food and Nutrition Specialist
NDSU Extension

Where were you in 1979?

I know some of my readers were adults at the time; others were teens or children. Others weren't born yet.

We recently celebrated the 40th birthday of the North Dakota Nutrition Council at the annual conference. Our keynote speaker, Judi Adams, who retired from the Wheat Foods Council, walked us through decades of changes in nutrition recommendations.

Trust me: Much has changed in the last four



Much has changed in the last four decades in popular culture, technology and nutrition recommendations, but moderation is still the key to eating a healthful diet. (Pixabay Photo)

decades in popular culture, daily conveniences and nutrition recommendations.

People had only a few TV channels to choose from in 1979. "Mork and Mindy," "Happy Days," "Laverne

and Shirley," "Little House on the Prairie," "Dallas" and "The Love Boat" were among the most popular

programs. Do you remember rabbit ears and aluminum foil?

Of course, cellphones weren't in everyone's hands. In 1979, we were lucky if we had a long phone cord on the only phone in the house.

You couldn't take a photo with your phone and upload it to Facebook to share with your friends immediately. You had to send film away to be developed, and you hoped people had their eyes open in the photos when you received the prints in the mail.

The Sony Walkman was introduced in 1979 with a hefty price tag for the time: \$150. We didn't have ear buds and YouTube.

Most people were wearing a lot of polyester back 40 years ago. Men, did you have a leisure suit or two? Oh, admit it. Your dad and grandpa probably did, anyway. Those polyester knit clothes probably look as good as new if you found them in a closet today.

In 1979, "Superman the Movie" was launched, along with "Rocky II," the "Muppet Movie" and "Star Trek: The Motion Picture." The Bee Gees, Rod Stewart, Blondie, Gloria Gaynor and Michael Jackson were popular.

Time flies, doesn't it?

What about food and nutrition? In 1979, nutrition experts were gearing up to launch the first U.S. Dietary

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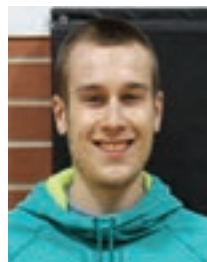
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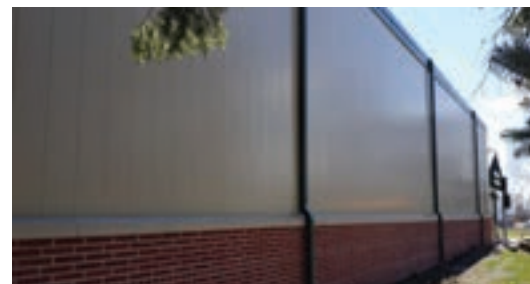
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Climax-Shelly School is Growing!!



With 4 new classrooms and Multi-purpose room, we are also upgrading and remodeling parts of the school with new ceilings/floors and becoming more energy efficient with LED lighting.



Guidelines for Americans in 1980.

We certainly weren't ordering "Uber Eats" with an app on our cellphone. Eating out was a big treat for most families four decades ago, and coffee houses did not dot the landscape of urban America, beckoning us with caloric lattes and mochas.

Special "kid food" didn't emerge until McDonald's Happy Meals were introduced in 1979. Of course, we weren't taking pictures of our restaurant meal and Snap-chatting or Tweeting it to our friends.

Restaurant portions were much smaller in 1979, too. Most people were smaller as well. Despite smaller waistlines, fad diets were popular then, as they are now. In 1979, the Atkins diet was popular, as was the Scarsdale diet. Neither gets two thumbs up from nutrition experts, then or now.

Back then, nutrition research pointed toward recommending low-fat diets. Now our messages point to choosing healthful fats, not necessarily fat-free foods. Eating less salt

was a focus in 1979, and it remains as a focus in 2019.

Carbs were considered "bad" by some in 1979, and some people shun carbs today, too. However, people who eat low-carb diets may be lacking in several vitamins and minerals, and their diet choices may have adverse effects on their heart, muscles, kidneys and other organs.

Forty years ago, eggs were on the "bad" list due to their cholesterol content. More recently, cholesterol restrictions were removed, and now nutrition experts are debating the best level of dietary cholesterol that is healthful.

Moderation is the key for most things.

Many things have changed, but some things have stayed the same. We in nutrition still are trying to get everyone to eat more fruits and vegetables because 90 percent of adults shortchange themselves on the recommendation (4 1/2 cups fruits and vegetables daily).

If you are looking for a healthful diet to follow, remember two diets: The Mediterranean diet and

DASH (Dietary Approaches to Stop Hypertension) diet are considered among the top diets that promote health today.

These are the key messages from the most recent national nutrition guidance available at <https://www.choosemyplate.gov/>. Which ones do you achieve on most days?

- Make half your plate fruits and vegetables: vary your veggies and focus on whole fruits.
- Make half your grains whole grains.
- Vary your protein routine. Make one-fourth of your plate protein.
- Move to low-fat or fat-free milk or yogurt.
- Drink water instead of sugary drinks.

The other morning, I listened to radio announcers talking about a food trend from the last several years: meals in a bowl. I'm not talking about soup.

A meal in a bowl consists of layers of ingredients, which you can set up as a "create your own meal" buffet with several options for a family gathering.

Instead of a recipe, we will get a little creative this week with some basics from an NDSU Extension handout. For a printable copy, see www.ag.ndsu.edu/pubs/yf/foods/fn1757.pdf.

5 Steps to Making Your Own Meal in a Bowl

Choose one grain. Add 1/2 cup of your favorite grain, such as cooked brown rice, quinoa, wild rice or whole-grain pasta.

Choose one or more vegetables. For example, add 1/2 cup of veggies, such as a mixture of chopped bell peppers, onions, tomatoes, spinach, carrots or mushrooms.

Add some fruit. For example, add 1/2 cup of chopped apples, peaches or mandarin oranges.

Choose one or more proteins. Add about 2 ounces of protein to your creation, such as cooked lean ground beef, lean ham, chopped roasted chicken or black beans, or another of your favorite protein foods.

Choose one or more sauces or seasonings. Try teriyaki or sweet and sour sauce for an Asian-inspired bowl, for a family gathering.

or taco sauce or salsa for a Mexican-inspired bowl.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences. Follow her on Twitter @jgardenrobinson)





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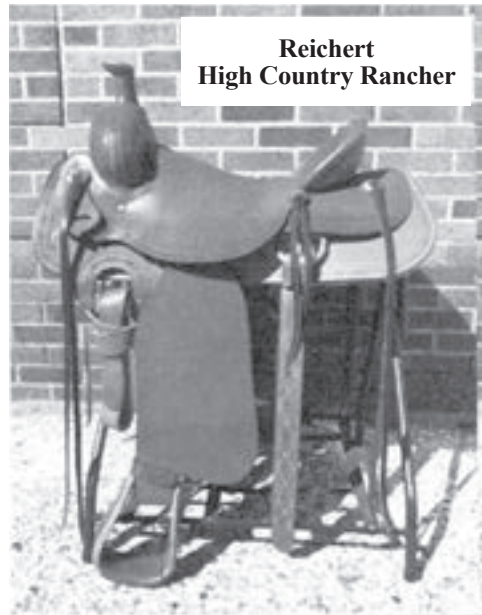
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11 am – 2 pm
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11:30 am – 2pm
Community Center Climax Yearbook

HAMBURGERS
& HOTDOGS
11 am – 2 pm
Main Street Climax Parish Youth

BBQ'S
& POTATO SALAD
11 am – 2 pm
Corner Café

PORK LOIN
SANDWICH MEAL
5 – 7 pm
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Bounce House.... Farm Animal Display.... Bean Bag Toss

TALENT SHOW
7 pm
Community Center

BONFIRE
9 pm
Log Cabin Site

KARAOKE
9 pm
The Corner

The Red River PRIME TIME Promoter

Older Americans Month 2019

Written by Karin Haugrud

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The 2019 theme, Connect, Create, Contribute, encourages older adults and their communities to: Connect with friends, family, and services that support participation. Create by engaging in activities that promote learning, health, and personal enrichment. Contribute time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

Each year the Land of the Dancing Sky Area Agency on Aging looks forward to recognizing our older Americans by providing them with creative programs that are not only educational but fun. Here are a few classes you need to know about.

Many older adults experience a fear of falling. People who develop this fear often limit their activities, which can result in physical weakness, making the risk of falling even greater.

Matter of Balance is a program designed to reduce the fear of falling and increase activity levels among older adults. This class includes eight two-hour sessions for a small group led by a trained facilitator. The Chronic Disease Self-Management Program is a workshop given two and a half hours, once a week, for six weeks, in community settings such as senior centers, churches, libraries and hospitals. People with different chronic health problems attend together. Workshops are facilitated by two trained leaders, one or both of whom are non-health professionals with chronic diseases themselves.

Powerful Tools for Caregivers consists of six weekly classes where caregivers develop a wealth of self-care tools to: reduce personal stress; change negative self-talk; communicate their needs to family members and healthcare or service providers; communicate more effectively in challenging situations; recognize the messages in their emotions, deal with difficult feelings; and make tough caregiving decisions. Class participants also receive a copy of The Caregiver Helpbook, developed specifically for the class.

Tai Ji Quan: Moving for Better Balance (TJQMBB) is a research-based balance training regimen designed for older

Continued on page 53...

GROUP RUMMAGE AND CRAFT SALE

Kirkebo Lutheran Church in Perley, MN, is hosting this sale
on SATURDAY, MAY 18

9am to 4pm

The sale is open to interested vendors and space can be obtained for \$10. There will be a limited number of tables available. Please request a table when you call to reserve a spot.

Kirkebo Church will have a variety of items including many yards of quilting fabric and sewing accessories, artificial flower baskets and kitchen accessories.

Vendors: Please call Sandy at 218-526-0125 before May 14 to reserve your spot. Remember to mention if you need a table. Set up one hour before the sale starts or from 7-8 p.m. May 17.



Lunch will be available. \$5 will buy a BBQ, choice of chips and pop or bottled water.

Kirkebo Lutheran Church is located on the west side of Perley, 26 miles north of Moorhead.

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“Living With a Caring Family!”



Ramblin' Road

By Tom "Roadrunner" Blair

Is it time for you to change jobs?

There are clear indicators to look for when considering a career change: Think back to the first 6 months of any "new" job you've ever had. Remember how time went by so fast? It seemed like you just got started and the day was over, and now you find yourself watching the clock, as hours seem to drag slowly by. We all look at our watch occasionally, but a "Stale" employee looks continuously and wondering if the day will ever end.

Do you find yourself browsing the help wanted section "Just for curiosity?" You may be subconsciously bored with what you are doing, and looking at a change is refreshing.

Are you doing exactly the same thing today, as you were a few years ago? If you haven't made a move towards different or better things on the job then you, no doubt, have become somewhat stagnant.

Do you have a burning desire to just pick up and move to another state and start all over? Wanting to clean your life's slate usually involves changing jobs, lifestyles, and interests all together.

Do you get angry at work more than you used to? Being disgusted with what's happening in your place of employment, and having the feeling there is nothing you can do about it, indicates frustration with the job. Is it Friday yet? Sure, we all look forward to the weekend, but if Friday is the longest day of the week for you, and Sunday night you are already dreading Monday morning...you're probably not happy with what you're doing.

Have many things that you used to look forward to doing at work now become dreadful tasks? YOU MAY NEED TO MAKE SOME CHANGES. If you don't like your job...QUIT! If you look

at your home life, most of the above principals will apply here also; just substitute the word "home" for work.

The down-side of job switching is: You never get to make your way to the top of an organization, playing the lottery may be your only form of retirement and you never become one of the best in your field. To many people, the fear and anxiety of changing jobs will overtake desire to have a "fresh" one.

Of all the job changes I have made in my life, I have NEVER regretted making a change. Each new job offers a different perspective on life, people, and experience. I only regret NOT taking one job I was offered. Otherwise, even bad jobs can be a positive influence on your life.

Remember: Every time you change jobs, you will expand your knowledge, meet new people, and experience a sense of satisfaction and accomplishment. It just

may make you a happier person

You ask what jobs I have had? I don't know if I have enough room, but here's some of them (Not an order) Logger on St Helen's mountain, pinball mechanic, apartment manager, security guard, private detective, sold tires, semi truck driver, professional entertainer and band leader, deputy sheriff, chief of police, managed an Elks Club, owned a night club, iron worker, electrician, telephone man, farm hand, pin setter in a bowling alley, pinball vending mechanic, band booking agent, radio announcer at five different stations, exterminator, tractor assembly line, writer, ambulance attendant, did advertising seminars....oops, I ran out of room

Tom "Road" Blair
road742@aol.com

Prime Time

Continued from page 51

adults and people with balance disorders. TJQMBB represents a substantive enhancement of traditional Tai Ji Quan training and performance as it transforms martial arts movements into a therapeutic regimen aimed at improving postural stability, awareness and mindful control of body positioning in space, functional walking, movement symmetry and coordination, range of motion around the ankle and hip joints, and lower-extremity muscle strength. Call the Senior LinkAge in for more information on these classes.

This article is made possible with Older Americans Act dollars from Land of the Dancing Sky Area Agency on Aging. The Senior LinkAge Line® makes it easy for older adults and their families to find services in their community. Call the Senior LinkAge® at 800-333-2433 to speak with an information specialist or check out our website at MinnesotaHelp.info. MinnesotaHelp.info is an online directory of services designed to help people in Minnesota find human services, information and referral, financial assistance, and other forms of help.



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Performs highly responsible administrative and financial work in the management of city governmental activities. Work involves planning, organizing, directing, and coordinating a variety of municipal activities as provided for and authorized by the City Council.

For More information please visit the City of Ada website, <http://www.adamn.gov/employment>. Applications Due By: May 15, 2019 Please email cover letter and resume to alarson@adamn.gov or mail to PO Box 32, Ada MN 56510-0032

City of Perley is taking bids for the haying of our retention pond area to include the cutting, bailing, and removal of hay.

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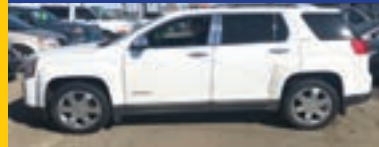
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It's Cute Only 112K, Quads, 7 Pass,
Power Heated Cloth Drivers Seats,
Auto Start **\$6,488**

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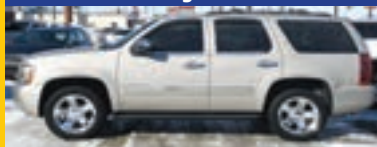
\$2,970 Down \$264.37 For 48 Mo.*
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Mocha Color, Come See! **\$11,970**

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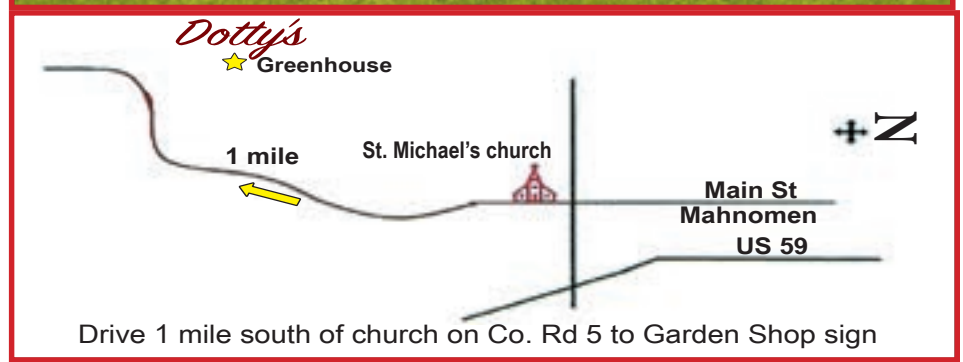
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Crossword Solution from page 54

P	R	O	M		L	A	O		M	P	G							
T	A	X	I		P	O	N	D		C	L	A	R	A				
A	G	E	S		O	T	T	O		L	U	R	E	S				
	A	N	C	E	S	T	O	R		A	L	L	Y					
					U	N	I	O	N		O	I	L					
P	A	R	E	N	T					H	U	M	A	N	E			
U	S	A			U	S	U	R	E	R		B	A	R	E			
S	C	I	F	I		S	O	L		D	Y	I	N	G				
H	I	L	L		K	E	E	P	E	R		V	I	I				
					I	S	O	B	A	R		M	E	L	E	E	S	
					W	A	Y			C	A	C	A	O				
					D	R	E	W		M	A	T	E	R	N	A	L	
W	E	I	R	D						E	R	S	E		E	L	A	N
A	N	T	S	Y						R	E	E	D		L	E	V	O
R	Y	E								E	T	A			Y	E	A	R

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You can call Jannette at 861-5800 or email jwenshou@ncw.k12.mn.us

Sudoku Solution Continued from page 54

7	3	2	9	1	6	8	5	4
9	5	4	8	3	7	1	2	6
8	6	1	5	4	2	7	9	3
5	2	7	1	8	3	6	4	9
4	9	3	6	7	5	2	1	8
1	8	6	2	9	4	3	7	5
6	7	8	4	5	1	9	3	2
2	1	5	3	6	9	4	8	7
3	4	9	7	2	8	5	6	1

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